



RF Therapy of the Sacroiliac region is a procedure for treating lower back and buttock pain. Your doctor will make the best recommendation for your specific needs.

This pamphlet is for general education only. Specific questions or concerns should always be directed to your doctor. Your doctor can explain possible risks or side effects.



C8 Northlands Deco Park, 2 New Market Road, Northriding, Johannesburg, 2162  
Tel: +27 11 463 4723  
marketing@aristehealth.com  
www.aristehealth.com  
Level 1 B-BBEE

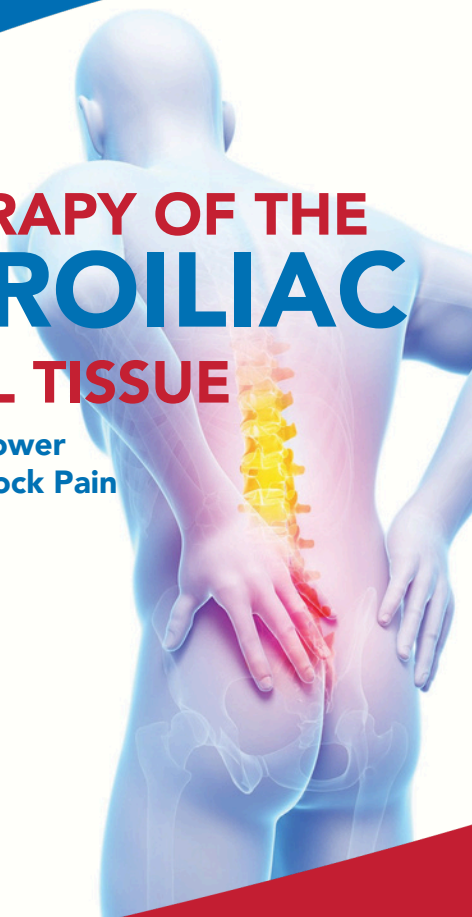


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# RF THERAPY OF THE SACROILIAC NEURAL TISSUE

For Treating Lower  
Back And Buttock Pain



# Radiofrequency Therapy of the Sacroiliac Neural Tissue

## WHAT ARE SACROILIAC JOINTS?

Sacroiliac joints connect your spine to your hip bone. They connect the bottom of the spine, called the Sacrum, to the outer part of the hip bone, called the Ilium. You have two Sacroiliac joints. One is found on each side of the Sacrum. Sacroiliac joints help control your pelvis when you move, they help transfer forces from your lower body to your upper body. Each Sacroiliac joint has several nerves and ligaments.

## WHAT IS SACROILIAC JOINT PAIN?

Sacroiliac Joint Pain is felt when the joint is injured and inflamed. At times the pain may feel like simple muscle tension and at other times the pain can become quite severe. Sacroiliac joint pain is usually felt in the area from your low back down to your buttocks. If the joint is significantly inflamed, pain may even extend down the back of the leg.

## HOW DO I KNOW IF I HAVE SACROILIAC JOINT PAIN?

If you have pain in the lower back, buttock or the back of the leg, you may have Sacroiliac joint pain. Your doctor will perform a physical assessment and may use common tests such as X-rays or MRI scans to diagnose if you have Sacroiliac joint pain.

## WHAT IS RF THERAPY?

RF Therapy uses radiofrequency energy to disrupt nerve function. When applied to the Sacral Nerve, the nerve can no longer transmit pain from the injured Sacroiliac joint.

## WHAT HAPPENS DURING RF THERAPY?

With the aid of X-ray imaging, the doctor will insert a probe parallel to the Sacroiliac joint. Once correctly positioned, the probe will overlay the Sacral Nerves that intersect the joint.

Radiofrequency energy is then transmitted through the probe to the associated nerve in order to disrupt the nerve function. This process is often performed at more than one location along the nerve to ensure the pain is significantly reduced or alleviated.

## WHAT HAPPENS AFTER RF THERAPY?

You will be monitored after the procedure. When your Doctor is satisfied with your progress, the hospital will give you discharge instructions. Avoid excessive movement for several hours. You may feel pain for two to three weeks after the procedure, this is normal.

## HOW LONG CAN I EXPECT PAIN RELIEF?

Nerves regenerate after an RF Therapy procedure, however, the rate at which the nerves regenerate varies from patient to patient. Your pain may or may not return. If it does, another RF Therapy procedure can be performed.

